

# **EXHIBIT A**

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## **Education**

1988 Master of Arts in Philosophy and Religion  
California Institute of Integral Studies  
San Francisco, California

1975 Bachelor of Arts in Psychology  
Stanford University  
Palo Alto, California

## **Certifications and Licenses**

2018 DARE- Dynamic Attachment Repatterning experience (somatic attachment for adults)  
2010 California State Massage Therapist license (first year available)  
2003 Somatic Experiencing (trauma resolution)  
2000 Authorized Teacher Continuum Movement (now Continuum)  
1986 Rosen Method Bodywork Teacher, Introductory Workshops  
1985 Rosen Method Bodywork  
1982 California State Massage Instructor  
1981 Trager Psychophysical Integration bodywork  
1978 Holistic Massage certification, State of California

## **Work Experience:**

1983-present Taught and lectured throughout the U.S. including workshops for Stanford University, San Jose State University, Kaiser Permanente Hospital, Menlo Park Chamber of Commerce, Zonta Children's Center, and the Ridhwan School; trauma in-service trainings for psychology interns; trauma and resiliency workshops for meditators; residential retreats for women; professional trainings in Rosen Method Bodywork; fundamental and advanced bodywork and massage trainings for California State Massage Certification; Continuum Movement classes; Movement and Creative Expression workshops; Movement meditation classes for pregnant women.

1994-present	Private practice in Oakland and Lafayette, CA as a somatics practitioner and educator primarily working with people with disabilities and chronic pain, complex trauma, abuse, anxiety, depression, multiple diagnoses and addiction.
2007-present	Volunteer (8 years) and later paid position at the Faithful Fools in San Francisco doing trauma and resiliency work with people who live or work in the Tenderloin, the district with the highest number of unhoused people in San Francisco. Includes teaching in-service workshops.
2013-present	Teaching assistant for DARE trainings.
2019-present	Volunteer with Glide Memorial Church Harm Reduction Program in the Tenderloin, San Francisco.
2013	Adjunct faculty Sofia University, Palo Alto, CA.
2007- 2012	Adjunct faculty Institute of Transpersonal Psychology, Palo Alto, CA; <i>Embodied Spirituality</i> Women's Spirituality Masters degree program.
Winter, 2009	Guest lecturer, California Institute of Integral Studies, Integral Health program.
Summer, 2006	Adjunct faculty, John F. Kennedy University, <i>Somatic Approaches to Trauma</i> , Somatic Psychology Masters degree program.
2004- 2006	Adjunct faculty New College, San Francisco, CA; <i>Embodied Spirituality</i> , Women's Spirituality Masters degree program.
2002-2006	Founding member of the Health Medicine Institute, an integrative medical clinic in Lafayette, CA.
1983-1993	Private practice in Menlo Park, CA. Set precedent as the first person granted a business license for therapeutic massage by the City of Menlo Park after extensive review by police department and city government.
1978-1982	General partner in The Massage Center, Palo Alto, CA. Massage practitioner.
1978-1982	Co-founder, co-administrator of and teacher at The Massage Center School of Professional Bodywork, a California State certified school for professional massage training, Palo Alto, CA.

1975-1978                    Child Therapist, Zonta Children's Center, San Jose, CA.

## Publications

Chrisman, Linda, "Therapeutic Massage: An Overview of the Discipline" in *Integrating Complementary Medicine into Health Systems*, 2001.

Chrisman, Linda, "Cranial-sacral Therapy", "Energy Medicine", "Movement Therapy", "Native American Medicine", "Pilates", "Prayer and Spirituality", "Rosen Method" in *The Gale Group Encyclopedia of Alternative Medicine*, The Gale Group 2001.

Chrisman, Linda, *Birth in Being Bodies: Buddhist Women on the Paradox of Embodiment*, Shambala Press, 1997.

Chrisman, Linda, book review, "Timeless Healing: The Power and Biology of Belief", *The Massage Therapy Journal*.

Chrisman, Linda, book review, "Miracles of Mind: Exploring Non-local Consciousness and Spiritual Healing", *The Massage Therapy Journal*.

Consultant for "Continuum Movement" in *Discovering the Body's Wisdom*, 1998.

Consultant for *Runner's World Massage Book*, 1982.

## Associations and Memberships

International Association of Bodywork and Massage Professionals  
Somatic Experiencing Trauma Institute

## Other

2003 -2006 Member of Board of Directors, Park Day School, an independent elementary and middle school, chair of the Special Needs and Learning Differences committee.

Led and organized adventure travel and wilderness trips in India, Nepal and the U.S. emphasizing inner exploration, sensitivity to diverse cultures, and environmental awareness.

Student of The Diamond Approach with Hameed Ali since 1995. Studied meditation since 1980.

Completed the first year of training in Bodyodynamics.

